



LIFE OF LUXE



*Because everyone deserves a little luxury
and the personal touch*

Opening Times:

Mon: 9-5pm
Tues: 9-6pm
Wed: 9-6pm
Thur: 9-8pm
Fri: 9-6pm
Sat: 9-5pm
Sun: 10-4pm

Free Parking:

Battlers Green Farm,
Common Lane,
Radlett,
WD7 8PH

01923 858052

<http://EspirituSalonAndSpa.com>

CUTS

	Graduate	Expert	Master	Director	Manager
Cut & Finish	30	48	55	62	68
Restyle	-	58	65	72	78
Wet Cut	25	43	50	57	63
Gents	20	30	35	40	44

Restyle: with extra consultation & adjustment time

STYLING

	Graduate	Expert	Master	Director	Manager
Walkin BlowDry	15	20	20	20	25
Short Blowdry	18	26	30	32	34
Long Blowdry	20	28	32	34	36
Glam Blowdry	-	32	35	37	39
Extension Uplift	-	6	6	6	6
Quick braid	20	20	-	-	-
Hair Up	30	44	48	50	50
Hair Up Consult	25	25	35	35	35

Glam: extra time for that BIG glamorous blow dry.

Walk In Blow Dry: for those spontaneous moments you decide you'd love a pick me up! We can't guarantee a particular stylist and they cant be booked.

TREATMENTS

All

Energy Scalp	2
Derma	8
Essential	8
Intense Infusion and Emulsion	10
Intense Infusion and Mask	15
Reborn	20
Olaplex/Olaplex added to colour	35/25
Nanokeratin	From
Short	150
Medium	190
Long	225

HAIR EXTENSIONS

All

Cinderella	On Quotation
Great Lengths	On Quotation

1st Apts requires a patch test 48hrs prior.

HIGHLIGHTS

	Specialist	Director	Manager
	from	from	from
Parting	45	60	82
1/2 Head Short	65	80	103
1/2 Head Long	75	90	132
Full Head Short	95	115	132
Full Head Long	115	125	162
Prelighten & Tone	55	75	80
Prelighten Regrowth	45	60	65
Ombre/Balayage	95	95	99

COLOUR

	Specialist	Director	Manager
	from	from	from
Illumina Colour	59	65	70
Innocence Colour	59	65	70
Permanent Tint	52	58	63
Regrowth Tint	42	48	63
Regrowth Parting Tint	26	32	34
Semi-Permanent	42	48	54
Toner	20	25	25
Mens Grey	25	30	32
Colour Correction	POA	POA	POA

CHILDREN

Stylist/Expert Only

Babies	10
Quick Trim (Not Weekends)	15
Restyle/Cut & Finish Girl/Boy	25/20
Blow Dry	20
Quick Braid	15
11-16 yrs (Secondary school)	25% Off
Student 16+	15% Off

WEDDINGS

All

Consultation & Trial	60
Wedding Day in Private Room	80
1/2 Wedding Day onsite 4hrs	400
Full Wedding Day onsite 7hrs	600
Preparation Package Discount	10%

We do not colour children under the age of 16

Nails

	Therapist	Senior
MANICURES		
File & Paint	16	18
Full	27	29
Luxury/Paraffin	36	40
PEDICURES		
File & Paint	18	20
File, Paint & Scrub	26	28
Full	35	38
Luxury/Paraffin Wax	45	47
GEL NAILS		
Progel Full Set	30	31
Progel Full Set + Soak Off	35	37
Biosculpture	40	41
Progel/Bio Soak off + Condition	12	12
Additional Mani	7	9
Additional Pedi	15	16
NAIL EXTRAS		
IBX treatment initial	15	16
IBX treatment	10	11
Nail Art per nail/full hand	1/5	1/5
Nail Art Design	£1 min	£1 min
French Polish Uplift	4	4
Metallic/Mermaid Uplift	5	5
Nail Repair	4	4
Little Child mani/pedi	8	8

Tanning

Skinny Tan	22	25
Skinny Express 3hr	25	27

Eyes & Tints

	Therapist	Senior
Patch test required.		
Individual Lashes	-	70
Infills 15/30/45 mins	-	20/30/40
Subtle Set (1/2 set)	-	35
Lash Removal		15
Lash Lift	53	55
Brow Tint	14	16
Lash Tint	17	18
Brow and Lash Tint	23	25
Brow Reshape & Tint	23	24
Brow Reshape, Tint & Lash Tint	33	34

Semi Permanent Makeup

Brows/EyeLiner/Lips	295
Beauty Spot	70

Removal

	Therapist	Senior
BODY WAXING		
1/2 arm	15	16
1/2 Leg	19	20
3/4 Leg	23	24
Full Arm	20	22
Full Leg	27	28

Hot wax is used for delicate & facial waxing, for greater precision & gentleness

DELICATE WAXING

Under Arm	12	13
Bikini	16	17
Bikini added to Leg	12	13
Extended Bikini	20	23
Brazilian	30	33
Hollywood	30	33

FACIAL (Thread/Wax)

Nose inside (wax only)	9	10
Lip or Chin	9	10
Lip and Chin	15	16
Brow Reshape	12	13
Lip & Chin & Brow Reshape	21	22
Face (Cheeks, chin & lip)	18	19

Gents

Manicure	15	16
Pedicure	20	22
Wax back/chest	20	22
Wax back, chest & upper arm	40	41

Makeup

	All
Quick & Fresh (10 min)	10
Smokey Eye (30 min)	20
Vintage (30 min)	20
Natural (30 min)	20
Full Day/Evening (60 min)	37
Discovery Consult (30mins)	20/Free

Weddings

	All
Consultation & Trial	45
Wedding Day in Private Room	80
1/2 Wedding Day onsite 4hrs	400
Full Wedding Day onsite 7hrs	600
Preparation Package Discount	10%

So which facial is the right one for you? Why not start with a Free Luxe Facial Mapping consultation with one of our skin specialists to discuss your concerns, lifestyle and ideal results. We have something for everyone.

Hands On Facials

Quartz Spa Crystal - beautiful relaxing and natural facial

Crystal Clear - combine the relaxation of a hands on facial with the effectiveness of crystal clear products.

Electrical facials

Environ - using the magical power of Retinols & Vitamin A to transform your skin from

Non-surgical face lift - Icon Ultralift - lift the muscles of the face to regain your youthfulness

Microdermabrasion - Crystal Clear - a fast and effective way of improving the surface of the skin

Advanced Services

Dermapen needling - for a stronger lift and more problematic skin

Peels - for faster skin transformations

Hands On Facials

Luxe Facial Mapping Consultation (15 mins) - An in-depth professional consultation carried out by one of our skincare specialists. Your skin will be analysed zone by zone giving you answers to your skin concerns, You will be given a specific treatment regime and home care plan to achieve optimum results.	Free
Quartz Spa Crystal Facial (45 mins) - A relaxing face, neck & décolletage experience using rose quartz palm stones and our beautiful calm face, body & massage oil. Incorporating pressure points to release tension, the micro circulation in the face is boosted & lymphatic drainage is improved.	50 / 55
Crystal Clear Intense Anti-Ageing Facial (60 mins) - The effective intensive treatment breathes life back into your complexion. It is the perfect choice to improve sun-damaged, dehydrated & ageing skin types, but also acts as a preventative for the younger clients. A total treatment for eyes, face & neck.	55 / 60
Crystal Clear Brightening (50 mins) - This repairing facial is designed for skin that needs that little bit more, bringing back clarity, firmness and hydration. Results are obvious after the first treatment, the skin is firmer smoother and more rejuvenated.	50 / 55
Crystal Clear Problem Solving (45 mins) - for oily, combination, congested, open pores and acne prone skin. This unique acne treatment acts on the alpha redactor enzyme to reduce the excess sebum associated with acne prone skin. The active ingredients used, help to reduce the inflammation and diminish bacteria to improve the acne condition.	40 / 45
Crystal Clear Intense Eye Treatment (30 mins) - A fantastic eye treatment with visible results. An ideal treatment to lift, smooth and hydrate the fine delicate skin around the eyes creating a look that is noticeably younger and fresher. A great add-on to other facials.	25 / 30
Crystal Clear Prescription (30 mins) - An express tailored option for those who are lacking in time, but don't want their skin to suffer.	40 / 45
Crystal Clear Male Defence (60 mins) - Special care is an essential necessity when treating male skin. Daily shaving can strip the skin of its natural oils, leading to dryness, sensitivity and premature ageing. This intensive treatment replenishes lost moisture and gives the skin a refined boost.	55 / 60
Mini Facial for Little Girls (15 mins) - a mini Quartz spa facial treat for those little ones who love to be pampered.	10

Continuous Skin Improvement With The Power of Retinols & Vitamin A

Choose the speed of improvement and change by using a combination of the 'Feed, Fortify, Finish' philosophy of the Environ, Advanced Nutrition and Jane Iredale combination.

Environ Skin Analysis £20/£0

A specialist machine to give you a deeper insight into your skin & help you decide on your priorities. Return 6-12 months later to see your progress! Free with any purchase.

Environ Skincare Range

The secret to this range is that it is progressive; it keeps improving you to the next level using it's 'Step up system'. You aren't just stopping future damage & healing, you are turning back the clock!

Advanced Nutrition Program

Heal your skin from the inside out, with these amazingly pure and strong supplements. Add these to your skincare routine to create more dramatic improvements.

Jane Iredale Makeup

Heal your skin all day long with the purest mineral makeup on the market. So good that it's recommended by the Skin Cancer Association.

Environ Facials

Boost your improvements by adding results driven treatments combining active vitamins, anti oxidants & advanced technology.

Environ Facials

All

Active Vitamin Facial 1hr (3 areas) 1.5hr(10 areas) - Vitamin A, C and anti-oxidants are driven deep into the lower layers of the skin using sound waves & advance technology. Suitable for all skin types.	65-85
Collagen Power Facial (1hr or 1.5hrs) - Peptides and sound waves boost collagen, soften fine lines and tighten lax skin. Ideal for targeting mature or photo-damaged complexions.	65-85
The Frown Treatment (45mins) - Turn that frown upside down, with no injectables!	95
Hydraboost Treatment (1hr) - Dry, lacklustre skin needing intensive hydration, plumping and firming? Hyaluronic Acid helps to reduce fine lines caused by dehydration resulting in moisturised, glowing skin.	95
Precision Treatment (30 mins) - Just because your time is limited, doesn't mean your skin needs to miss out!	45
Purifying Treatment (30 mins) - Purify, micro-exfoliate and re-hydrate your skin, to treat acne, scarring and deep skin congestion.	45
Cool Peel (60mins) - Revolutionary peels without damaging the skin for stronger, deeper results with no downtime. (Consultation & patch test required)	65
Non-Surgical Face Lift Upgrade (15mins) - add the power of muscle lifting to the skin magic of an Environ facial for the best of both worlds	12

Deemed the 'non-surgical facelift', the Icon Ultralift lifts the muscles in your face, plumps your skin, reduces even deep wrinkles and turns back the years!

Do you have lines going from your nose to your lips, forehead lines, frown lines and crow's feet, drooping eyelids, saggy jowls? Then these treatments are for you! Similar to Caci, it is a micro current machine, but you don't need to give up the comfort and enjoyment of a facial to get the results, so it is a win, win!

Added to this is the No-needle mesotherapy. This revolutionary treatment means that we can transdermally deliver clinically graded serums and Hyraulonic acid deep into the dermal tissues (where new skin cells are formed). This means results WITHOUT Botox or Fillers!

A visible difference is evident after the first session, however, to achieve optimum results, we recommend a course of 6 or 12 intensive treatments, followed by a monthly maintenance programme. Results for each client will vary depending on frequency of treatments, your skin condition, diet and home care regime.

MICROCURRENT FACIALS

ALL

Mesotherapy Upgrade - Add mesotherapy to your facial to power boost the results, especially on frown lines, lips and around the eyes.	12
Ultimate Ultralift (75 mins) - This classic facial for fast, dramatic results, stimulates circulation, eliminates toxins & restores muscle tone. Your whole face will look smoother, with a healthier skin tone and noticeable lift.	70 / 75
Refine & Lift (45 mins) - Skin resurfacing & gentle face lift. Removes dead skin cells, reducing the appearance of blemishes, open pores, fine lines & wrinkles, followed by a general lift.	45 / 50
Power Purifying (45 mins) - A deep cleansing and purifying treatment suitable for oily, combination and congested skin types. Clarifies, rebalances and visibly improves skin texture.	45 / 50
Deep Hydrating (45 mins) - Targets dry, mature and sun-damaged skin to restore and replenish moisture levels. Relaxing treatment with hydrating and nourishing effects to leave your skin perfectly smooth and beautifully balanced.	45 / 50
Cheek & Jowel (30 mins) - Targets the lower face, stimulating circulation, removing fluid retention and restoring muscle tone, helping to lift and tighten the cheek, jowl & chin areas to promote a more defined, sculptured jawline and overall youthful glow. Recommended for clients who have Botox/dermal fillers in the upper face area to strengthen the lower facial muscles.	35 / 40
Eye & Brow Lift (60 mins) - Transforms and revitalises tired looking eyes. Lifting and toning to reduce the appearance of dark circles, puffiness, crows' feet and wrinkles.	35 / 40
Lip Plumping (30 mins) - Naturally enhancing treatment to plump the lips and reduce the appearance of fine lines and wrinkles, resulting in more prominent softer and fuller lips.	35 / 40

By gentle exfoliating the skin with Aluminium Oxide Crystals, microdermabrasion can be used to solve a wide range of skin conditions on the face and body. Rejuvenating, smoothing lines & wrinkles and brightening dull, dehydrated skin and tackling blackheads & pores. It's also very effective for reducing acne scarring & pigmentation caused by sun damage.

Crystal Clear is the original microdermabrasion brand and the favourite with celebrities. They have now expanded to add a beautiful aromatherapy range.

MICRODERMABRASION

All

Crystal Clear Luxe (75 mins) - The ultimate in luxury skin rejuvenation. Starting with a mini massage, then a full facial microdermabrasion treatment and ending with an additional moisture hit. Good for dull, dry or dehydrated skin.	65 / 70
Classic (40 mins) - Skin is expertly cleansed, microdermabrasion tackles lines wrinkles, pores, blackheads & dull skin. Also effective for reducing acne scarring & pigmentation caused by skin damage. Our mini lift mask is then applied to hydrate & firm the skin with noticeable differences after just one treatment.	50 / 55
Bright Eyes (30 mins) - Target fine lines & wrinkles around the delicate eye area, leaving you looking fresher and more awake. Skin is cleansed & microdermabrasion is focused around the eye area & forehead, then our wrinkle & erase pads are applied to thoroughly lift & hydrate.	30 / 35
Back Shine (30 mins) - A deep cleansing treatment, ideal for clearing blocked pores & improving skin texture	30 / 35
Hand and foot rejuvenation (30 mins) - Polish and buff away dry, rough skin on the hands and feet, the perfect addition to a manicure or pedicure.	25 / 30

Advanced Aesthetic Services

Dermaroller 60 mins - for scarring, fine lines and increased collagen & elastin production	200
Dermaroller Hair Follicle Treatment - to encourage hair renewal and growth	TBC
Glycolic Peel 40% 30mins - for instant radiance and reduction of pigmentation	£70
Glycolic Peel + Mesotherapy - mesotherapy provides deep hydration, toning and cell regeneration. By adding it after a peel, the serums are able to penetrate more deeply into the dermal layer of the skin.	£90

QUARTZ SPA AROMATHERAPY TREATMENTS

Therapist
/Senior

<p>Luxe Lifestyle Ritual (105 mins) Need Indulgence & healing? Your body will be exfoliated, moisturised, wrapped in a heated blanket and then given a full body massage. Master healing crystals heal and recharge you on a physical & emotional level, making this a truly holistic treatment inside and out.</p>	135 / 145
<p>Crystal Massage (60 mins) Need Nurturing? Enjoy a full body massage leaving you rested and relaxed.</p>	65 / 75
<p>Back Realign & Rebalance (45 mins) Short on time? This classic Back, Neck and Shoulder massage will relieve your tension and realign & rebalance your back.</p>	50 / 55
<p>Head, Neck and Shoulder (30 mins) Wonderfully relaxing upper body treatment incorporating pressure points to release tension</p>	40 / 45
<p>Detox Wrap (50 mins) Release toxins, de-stress the mind and reinvigorate and hydrate the body, whilst helping with slimming and reducing cellulite.</p>	55 / 60
<p>Scrub (45 mins) Feeling dry & sluggish? Your whole body will be exfoliated and moisturised, leaving it soft & silky</p>	45 / 50
<p>Relaxing Mum To Be (60 mins) Perfect for your tired body, to help it relax and cope with all the 'growing' going on inside!</p>	70

GENERAL SPA

<p>Deep Tissue Massage - a specialised deep massage, on it's own or added onto other massages.</p>	
15mins	25
30mins	50
<p>Swedish Massage - ideal for for help with muscle soreness (doesn't include aromatherapy oils)</p>	
1/2 hr	30 / 35
3/4hr	40 / 45
1hr	55 / 60
1 1/2hr	75 / 85
<p>Hot Stone Massage - add the healing power of stones to your massage.</p>	
1/2hr	35 / 40
3/4hr	45 / 50
1hr	60 / 65
<p>Stress Buster Chair Massage (15 mins)</p>	20 / 22

HOLISTIC THERAPIES

All

<p>Far Infrared Cocoon - deeply relaxing and almost meditative, the FIR also improves circulation, thus reducing aches & pains, balancing hormones, and detoxing the body.</p>	
15 mins	15
30 mins	25
<p>Healing & Coaching Breakthrough session (90 mins) - combining healing, with shamanic journeying and practical coaching to help you breakthrough a big problem/issue.</p>	130
<p>Healing session (50 mins) - the gentle, relaxing and powerful healing effect of Reiki</p>	60
<p>Lifestyle session (55 mins) - not sure where to turn with a health/life problem? These will give you a direction and roadmap to take you forward and at last make progress.</p>	65
<p>Reflexology - A gentle healing technique to rebalance the body and remove blockages to aid healing</p>	65

Our revolutionary machine allows us to apply vapour to an isolated body part, making it both transformative and comfortable.

The body has a localised inflammatory response to the cold that is caused within the fat cells, also known as 'Panniculitis', in doing so the fat by-products are then naturally removed by the lymphatic system.

Cooling the skin around the face and neck, triggers deep layers of collagen into production. This smooths facial lines, reduces blemishes & wrinkles, gives a clearer & tighter appearance and improves skin conditions. Additionally, with repeated applications the body will naturally to renew its collagen.

Cooling the site of injuries delivers healing proteins, oxygen, osteoblasts & many more healing functions providing immediate pain relief and an energy boost from the endorphin release. Pains and signs of inflammation, then remain suppressed for weeks to come. As with all Cryotherapy treatments, multiple applications provide better results, as biological reactions are accumulative.

Facials

All

Anti-Ageing - Our revolutionary Facial and Face Lift stimulates the production of collagen and to decrease pore size. Reduce wrinkles and fine lines, brighten dark spots - a great alternative to botox.	105
Healing - Cryotherapy can massively reduce and even heal Dermatitis, Eczema, Acne & Psoriasis	80
Acne - Designed to target Acne, problem prone skin and congestion. This treatment will reduce aggravated skin and leave it rejuvenated.	80

Pain relief

All

Pain management/relief - Immediate pain relief, aids and speeds up rehabilitation, reduces inflammation, raises pain threshold levels.	50
Arthritis Treatment - Do you suffer from aches and pains associated with Arthritis? This is the treatment for you as we treat your body at the chosen area to relieve this pain.	60
Chest Infection Relief - reduce inflammation & improve blood flow to help boost the body's natural healing response.	65
Headache/Migraine Relief - numbs painful tissues, reduces muscle spasms & decreases inflammation	60
Muscle Recovery - Reduces Inflammation, swelling and muscle tension, increases muscle strength and hormone production giving fast recovery times	70
Sinus Relief - reduce the pain and inflammation of sinusitis	40
Sports Injury - Sports Recovery Treatment Reduce Inflammation and swellings, Shortened recovery time after sport injury plus much more.	50

Aesthetic

All

Body Sculpting - an alternative to liposuction & crash diets. Reduce inches & weight, burn calories, boost metabolism, detox, lift & tighten for noticeable & lasting results to permanently dissolve & destroy fat cells	120
Bum Lift - tone and tighten the bottom to create a perky lifted bottom	110
Cellulite & Stretch Mark Reduction & Skin Tightening - Dramatically reduce cellulite from the first treatment. Burn calories. Tighten skin. Tone & reduce fat & convert white fat into brown to burn calories.	90
Hair & Scalp Treatment - to awaken dormant hair follicles for rapid hair growth. Strengthens from the roots and improves condition and elasticity whilst reducing greasiness and removing dandruff.	45

Total Indulgence £110 – £120 2hrs

Combine our the healing of our Quartz Spa Facial with the Quartz Spa Crystal Massage for a totally indulgent, relaxing and healing experience.

Best Of Both £60 – £70 1hr

Can't choose just one lovely Quartz spa treats? Enjoy an hour combing both a quartz spa facial and a crystal massage, for the perfect combination.

Double the Room – £5 off per person

Share the enjoyment of a lovely Quartz Spa Crystal Facial or Massage in the same room as your friend or loved one and you both get £5 off!

Girls Night Out! 1hr. £37 (60mins)

Start your evening knowing you look absolutely fabulous and will stay looking fabulous all night with a Blow dry and makeup. Bring your friends and start the evening early!

- 1) Blow Dry
- 2) Express makeup

Lash and Blow! 6 blow dries with your lashes for only £90

We know you love your lashes, but it's tricky to wash your hair without getting them wet!

Well, here is your perfect solution: 6 Blowdries for only £90, will keep those lashes intact and your lashes fluttering beautifully.

Mummy and Child £35 1hr

A treat and special time with that little girl (or son!) in your life! Enjoy a Manicure for mum (45mins) and Mini-cure for daughter, with cake to share!

Fabulous Friends! £9 each. Min 2. Max 6.

Create your own package of your favourite treats and add tea and cake to top it off!

Sometimes fitting everything into life can be a bit of a juggle (a bit????????? we hear you cry!) so why not come with your friends for and combine pampering and with catching up?

(Sorry we can't cater for allergies or specific requirements, but try our best to source your favourite cake).

Parties

Create your own bespoke package for a party and add Fabulous Friends tea and cake or contact the manager for details of our little girls parties.

Weekly Promotions

Mummy Mondays

One free Quick Trim Cuts with your hair cut or beauty treatment. (A quick trim cut is a 'proper' cut on a primary school age child, but no restyle, wash or blow dry [more info here](#)).

Treatment Tuesday

50% off all hair treatments including Nano Keratin. Also 50% off all spray tans.

Colour Club Wednesday

1/2 price colour with cut and finish with the same stylist.

Courses

Courses – 6 for the price of 5! - Hair Cuts, Electrical Facials, Swedish Massages, Olaplex hair treatment, IBX nail treatment or Electrolysis Sessions and receive your 6th free (a 17% discount).

Blow Dries - available in 10 for the price of 9 or 20 for the price of 17!

Product Promotions

Buy 3 Wella System Professional and enjoy a half price hair treatment.

Trying New Products:

We like to offer promotions that reward you for purchasing with your services and also reduce the feeling of risk when trying new products. These are both redeemable against 2/more product purchases on the day:

- 25min Discovery facial is available for £35
- 30min Discovery makeup consultations is available for £20

Loyalty/Treat Cards

Our fabulous loyalty cards are automatically updated when ever you buy a product or enjoy a service if you have given us your email address. You get extra points for recommending us, rebooking on the day or joining us as a new client. Then every quarter we change which treats are available and you can use your points to try a product or service that you haven't had before.

General Notes

Spontaneous: Do keep in touch with us on [Facebook](#) to keep up to date with spontaneous offers.

Free: Parking, Beverage, Wifi, and borrow a Phone Charger with every purchase/visit.

December: During December the Colour Club and Treatcard services will not be available.

Only one promotion can be used at a time on a single service.

Cancellations & Booking Fees

To ensure our availability and flexibility for our clients we have a booking fee and cancellation policy.

Cancelling the day before incurs a 50% charge & on the day a 100% unless rescheduled. Non-refundable booking fees are required for large/double bookings, or after 3 previous short notice cancellations.

Our Ethos

We believe that everyone deserves a little luxury and the personal touch, whether you are visiting us for just 30 mins once in a while, or every week for several hours. We aim to create ripples of joy and inner confidence spreading from your visit to your friends and family and out into the world at large.

Our guests know how much we care and are always working to improve their experience by supporting and training our team and getting the best possible products and services.

All our products work amazingly, and are also good for you and the environment. We are very aware of the potential footprint of a salon and spa and are constantly looking at ways of improving this to become more eco friendly.